



Tratamento do CaP risco intermediário e alto

Como eu faço ?

- Como avaliar ...
- Quem tratar ...
- Como tratar...

Ariê Carneiro, MD

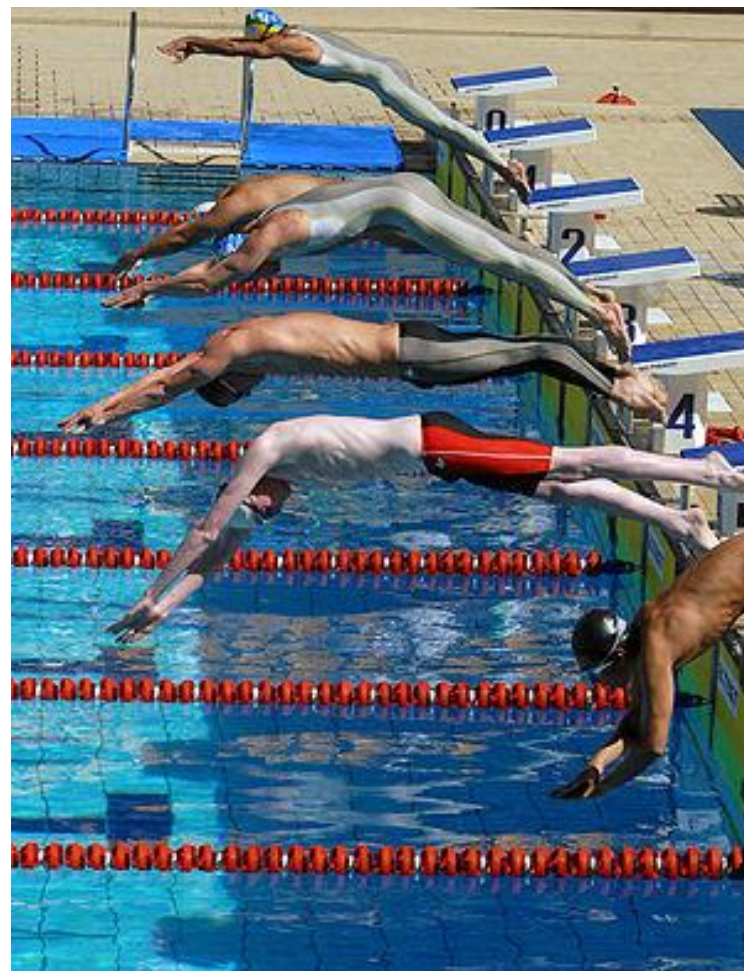
Urologista – Centro de Oncologia do Hospital Israelita Albert Einstein

Rúbrica de Endereços: Hospital Israelita Albert Einstein, Rua...



Papel do urologista / oncologista: PROTAGONISTA!

- Diagnóstico correto
- Estadiamento preciso
- Tratamento adequado
 - Sistêmico
 - Local





Tratamento do Câncer de Próstata

Cabe ao urologista / oncologista...



Como avaliar a qualidade de vida?



ALBERT EINSTEIN
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of THE JOURNAL
UROLOGY®

Official Journal of the



American
Urological
Association

Clinical Use of EPIC for Clinical Practice (EPIC-CP) to Assess Patient-Reported Prostate Cancer Quality-of-Life Following Robot-Assisted Radical Prostatectomy

Andrew A. Wagner, MD *, Philip J. Cheng, MD *, Arie Carneiro, MD, Ostap Dovirak, MD, Arjun Khosla, MD, Kimberly N. Taylor, BS, Catrina M. Crociani, MPH, Kyle C. McAnally, BS, Andrew Percy, MA, Lauren E. Dewey, BS, Martin G. Sanda, MD, Peter Chang, MD, MPH  Press enter key to Email the author

*Shared lead authorship

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Qualidade
de Vida

≠

Significativa

Cenário 1

CaP Gleason 7 (4+3), PSAi= 8,5; Estadiamento Negativo

PSA =
0,04

PSA =
0,22

PSA =
0,12

PSA =
0,5

1 mês

18 meses

24 meses

36 meses

PRR

RDT loja

PET-PSMA – LND
+



Cenário 1



CaP Gleason 7 (4+3), PSAi= 8,5; Estadiamento Negativo

PSA =
0,04

PSA =
0,22

PSA =
0,12

PSA =
0,05

1 mês

18 meses

24 meses

36 meses

PRR

RDT loja

PET-PSMA – LND
+



Cenário 2

CaP Gleason 8 (4+3), PSAi= 20;
Estadiamento= Negativo

PSA = 2

PSA = 3

1 mês

3 meses

PRR

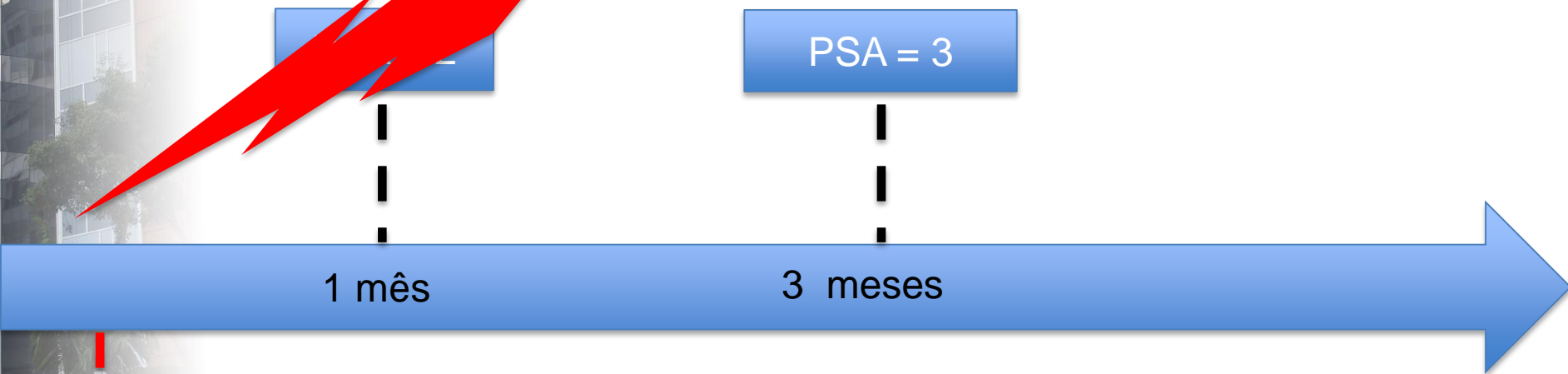
PET-PSMA – 3
metastases ósseas



Cenário 2



CaP Gleason 8 (4+3), PSAi= 20;
Estadiamento= Negativo



1 mês

3 meses

PRR

PET-PSMA – 3
metastases ósseas





European
Association
of Urology



SBU
SOCIEDADE
BRASILEIRA
DE UROLOGIA

CIRURGIA OU RADIOTERAPIA OU VIGILÂNCIA



American
Urological
Association





Conceitos

- Expectativa de vida ?
- Comorbidades ?
- Estadiamento apropriado ?
- Ganho de Sobrevida Global ?
- Ganho de Sobrevida Câncer Específica ?
- Impacto na qualidade de vida e morbidade ?
- Tratamento Adequado Disponível ?

Avaliação Clínica

Expectativa de vida :

- G8, Minnesota Metropolitan Life Insurance

Tell Us About

Marital Status

Age: **You** **Your Partner (if applicable)**

Gender: Male Female Male Female

Alto Risco > 5 anos

or continue the form for a more precise estimate.

You **Your Partner (if applicable)**

Height: ft in ft in

Weight: lbs lbs

Blood Pressure:

Exercise:

Alcohol:

Smoking:

RI > 10 anos

<https://rslic.metlife.com/lic/corpLongevity.do>

available at www.sciencedirect.com
journal homepage: www.europeanurology.com



European Association of Urology



Prostate Cancer

Impact of Age and Comorbidities on Long-term Survival of Patients with High-risk Prostate Cancer Treated with Radical Prostatectomy: A Multi-institutional Competing-risks Analysis

Alberto Briganti^{a,}, Martin Spahn^b, Steven Joniau^c, Paolo Gontero^d, Marco Bianchi^a, Burkhard Kneitz^b, Felix K.H. Chun^e, Maxine Sun^f, Markus Graefen^g, Firas Abdollah^a, Giansilvio Marchioro^h, Detlef Frohenbergⁱ, Simone Giona^d, Bruno Frea^j, Pierre I. Karakiewicz^f, Francesco Montorsi^a, Hein Van Poppel^c, R. Jeffrey Karnes^k,*

on behalf of the European Multicenter Prostate Cancer Clinical and Translational Research Group (EMPaCT)

Competing-risks models depicting cancer-specific mortality (CSM) and other-cause mortality (OCM) survival curves up to 10 yr ($n = 3828$) stratified by age group and comorbidity status assessed by the Charlson Comorbidity Index (CCI) score. White = alive; blue = OCM; orange = C.

Avaliação Clínica

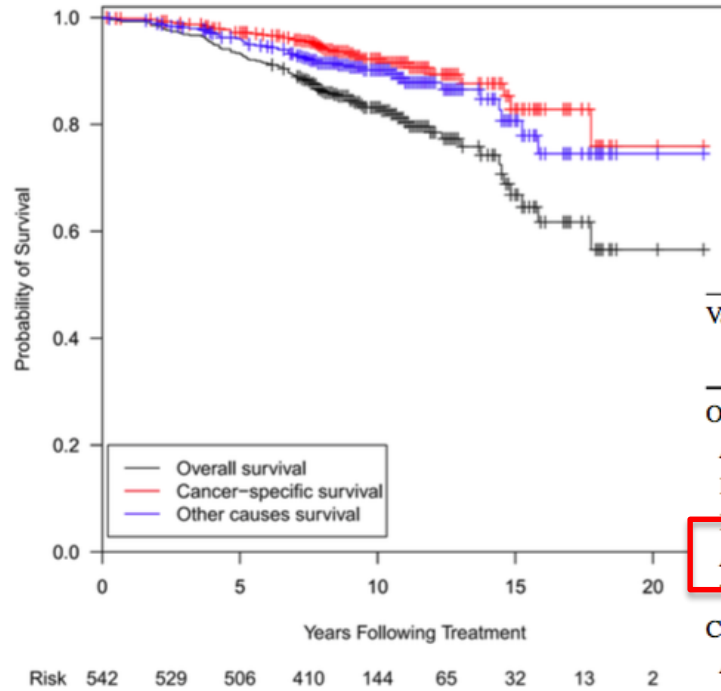


Fig. 1 Kaplan-Meier curves for the probability of overall, cancer-specific, and other-cause survival after radical prostatectomy

Variable	Univariate			Multivariate		
	HR	95 % CI	P value	HR	95 % CI	P value
Overall^a						
Age	1.05	1.02–1.09	0.002	–	–	–
High PSA (≥ 20 ng/mL)	1.44	0.93–2.23	0.103	1.19	0.75–1.90	0.465
Biopsy Gleason sum	1.14	0.98–1.33	0.084	1.05	0.90–1.23	0.539
ACCI	1.42	1.21–1.68	<0.001	1.41	1.19–1.66	<0.001
T3/4	1.65	1.09–2.48	0.017	1.52	0.98–2.36	0.060
Cancer specific^b						
Age	1.04	0.99–1.11	0.121	–	–	–
High PSA (≥ 20 ng/mL)	2.25	1.18–4.34	0.014	1.33	0.642–7.7	0.450
Biopsy Gleason sum	1.65	1.23–2.22	<0.001	1.44	1.05–1.97	0.025
ACCI	1.13	0.86–1.49	0.364	1.07	0.81–1.41	0.620
T3/4	2.69	1.78–7.65	<0.001	2.60	1.26–5.39	0.010
Other cause^b						
Age	1.05	1.00–1.09	0.037	–	–	–
High PSA (≥ 20 ng/mL)	0.996	0.54–1.85	0.990	1.138	0.578–2.24	0.710
Biopsy Gleason sum	0.876	0.72–1.07	0.194	0.845	0.698–1.02	0.081
ACCI	1.54	0.65–1.30	<0.001	1.568	1.315–1.87	<0.001
T3/4	0.95	0.56–1.60	0.848	1.048	0.581–1.89	0.880

ACCI Age-adjusted Charlson comorbidity index, PSA prostate-specific antigen

^a Cox proportional hazards regression model

^b Competing risk regression model by Fine and Gray

Charlson Score

RISK STRATIFICATION AND STAGING WORKUP

Risk group	Clinical/pathologic features	Imaging ^{i,j}	Molecular testing of tumor	Germline testing	Initial therapy ^p
Very low ^q	<ul style="list-style-type: none"> • T1c AND • Gleason score ≤6/grade group 1 AND • PSA <10 ng/mL AND • Fewer than 3 prostate biopsy fragments/cores positive, ≤50% cancer in each fragment/core^h AND • PSA density <0.15 ng/mL/g 	Not indicated	Not indicated	Consider if strong family history ^c	See PROS-4
Low ^q	<ul style="list-style-type: none"> • T1-T2a AND • Gleason score ≤6/grade group 1 AND • PSA <10 ng/mL 	Not indicated	Consider if life expectancy ≥10y ^l	Consider if strong family history ^c	See PROS-5
Favorable intermediate ^q	<ul style="list-style-type: none"> • T2b-T2c OR • Gleason score 3+4=7/grade group 2 OR • PSA 10–20 ng/mL AND • Percentage of positive biopsy cores <50% 	<ul style="list-style-type: none"> • Bone imaging^k: not recommended for staging • Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement 	Consider if life expectancy ≥10y ^l	Consider if strong family history ^c	See PROS-6
Unfavorable intermediate ^q	<ul style="list-style-type: none"> • T2b-T2c OR • Gleason score 3+4=7/grade group 2 or Gleason score 4+3=7/grade group 3 OR • PSA 10–20 ng/mL 	<ul style="list-style-type: none"> • Bone imaging^k: recommended if T2 and PSA >10 ng/mL • Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement 	Not routinely recommended	Consider if strong family history ^c	See PROS-7
High	<ul style="list-style-type: none"> • T3a OR • Gleason score 8/grade group 4 or Gleason score 4+5=9/grade group 5 OR • PSA >20 ng/mL 	<ul style="list-style-type: none"> • Bone imaging^k: recommended • Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement 	Not routinely recommended	Consider ^p	See PROS-8^p
Very high	<ul style="list-style-type: none"> • T3b-T4 OR • Primary Gleason pattern 5 OR • >4 cores with Gleason score 8–10/ grade group 4 or 5 	<ul style="list-style-type: none"> • Bone imaging^k: recommended • Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement 	Not routinely recommended	Consider ^p	See PROS-8^p
Regional	Any T, N1, M0	Already performed	Consider tumor testing for homologous recombination gene mutations and for microsatellite instability (MSI) or mismatch repair	Consider ^p	See PROS-9



Risco intermediário

Se Expectativa de vida > 10 anos
→ Tem benefício o tratamento

Favorable intermediate ^g	<ul style="list-style-type: none">• T2b-T2c OR• Gleason score 3+4=7/grade group 2 OR• PSA 10–20 ng/mL AND <ul style="list-style-type: none">• Percentage of positive biopsy cores <50%	<ul style="list-style-type: none">• Bone imaging^k: not recommended for staging• Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement
Unfavorable intermediate ^g	<ul style="list-style-type: none">• T2b-T2c OR• Gleason score 3+4=7/grade group 2 or Gleason score 4+3=7/grade group 3 OR• PSA 10–20 ng/mL	<ul style="list-style-type: none">• Bone imaging^k: recommended if T2 and PSA >10 ng/mL• Pelvic ± abdominal imaging: recommended if nomogram predicts >10% probability of pelvic lymph node involvement

Desafio = Estadiamento!

Câncer de Próstata Localmente Avançado

ESTADIAMENTO

Gleason Upgrading → 44%¹ (T3-4 N1 = 9,7%)

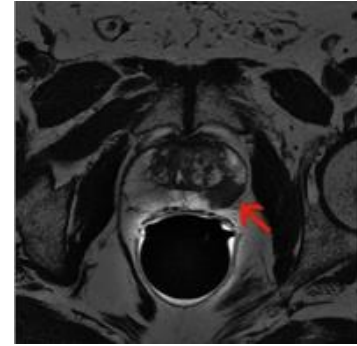
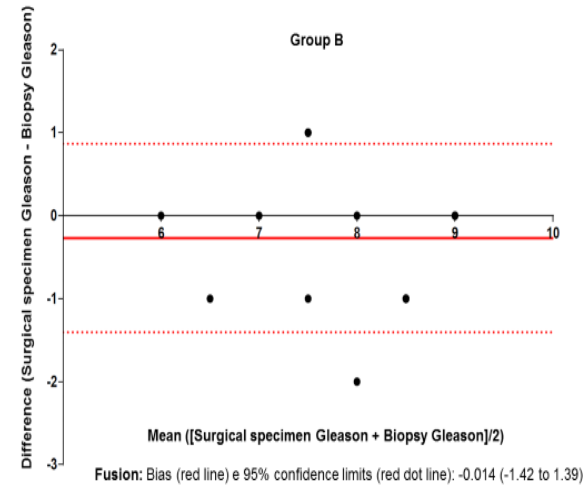
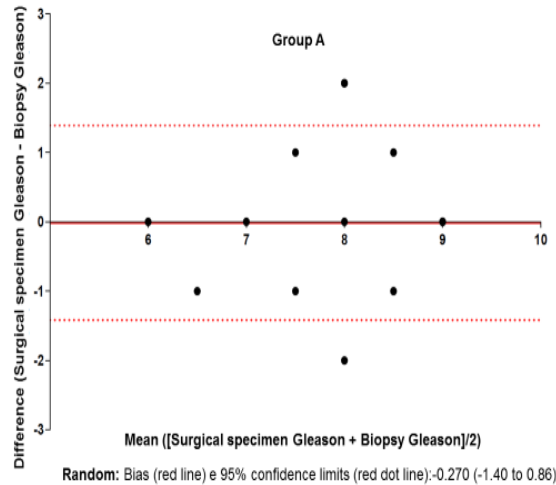


Figure 1: Bland - Altman Plot Group A vs Group B



Gleason Upgrading → 31,5% vs 16% (Randômica versus Fusão)²

1- Dinh KT et al (SEER database)– Urology 2015

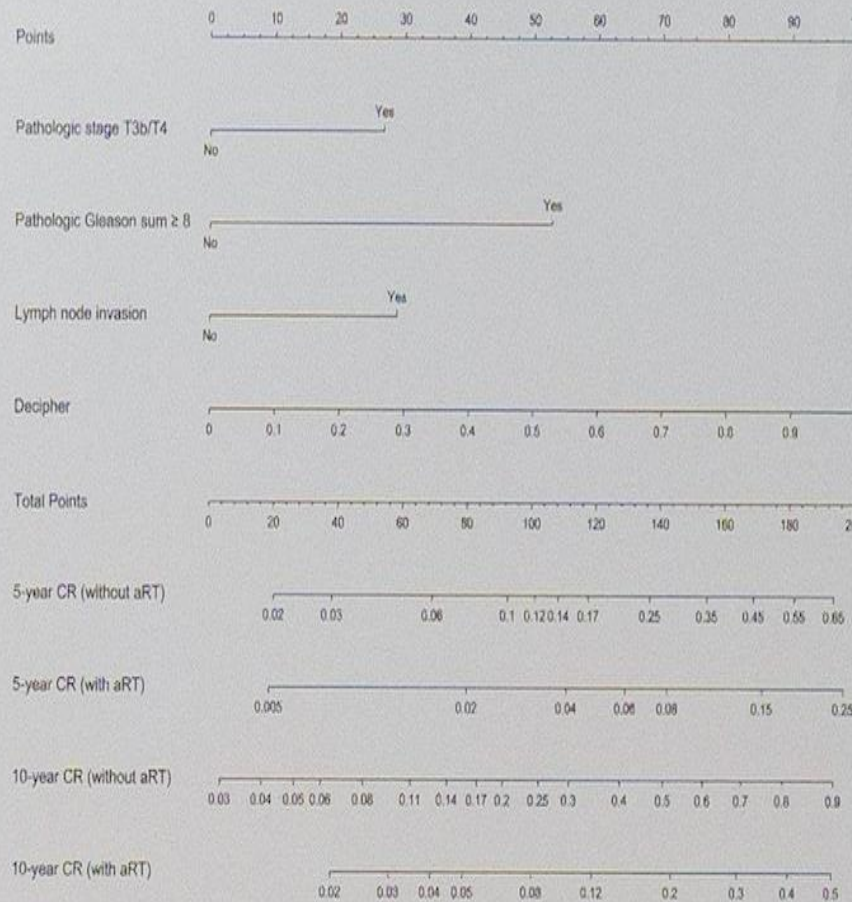
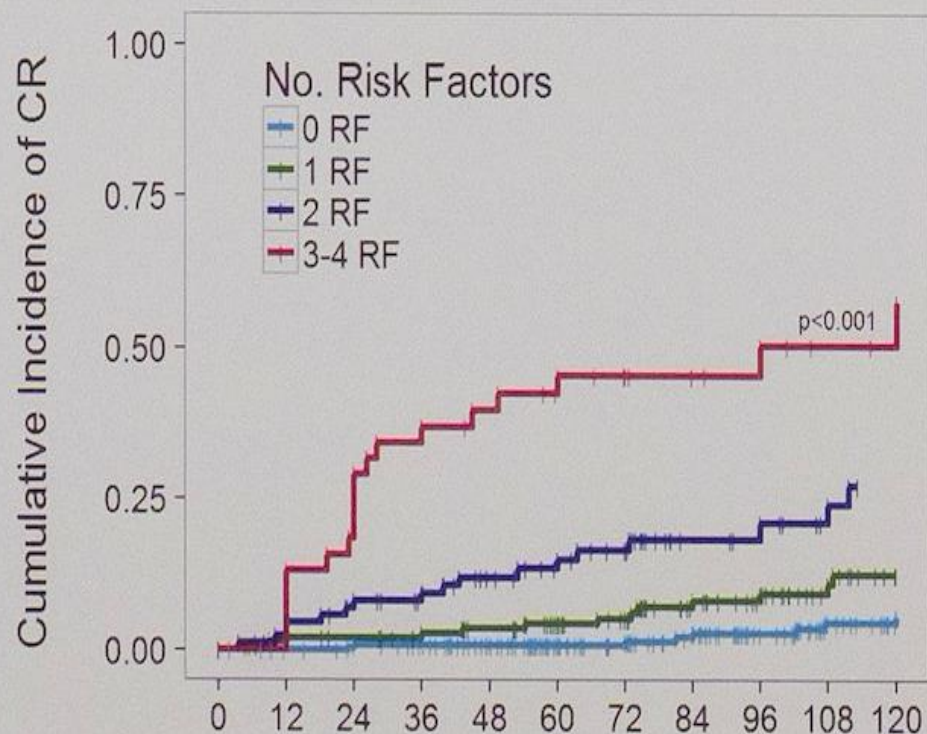
2- Carneiro A, Baroni R, Castilho TML, Claros OR, Kayano PP, Lemos

Genomic Classifier augments the role of pathological features in identifying optimal candidates for adjuvant radiation therapy in patients with prostate cancer: Development and internal validation of a multivariable prognostic model

Deepansh Dalela¹, María Santiago-Jiménez², Kasra Yousefi³, R. Jeffrey Karnes⁴, Ashley E. Ross⁵, Robert B. Den⁶, Stephen Freedland⁷, Edward M. Schaeffer⁸, Adam P. Dicker⁹, Mani Menon¹⁰, Alberto Briganti¹¹, Elai Davicioni¹², Firas Abdollah¹

¹VU Center for Outcomes Research, Analytics and Evaluation, Walther Radiology Institute, Henry Ford Health System, Detroit, MI, USA; ²University of Navarra, Instituto de Investigación Biomédica de Navarra, Pamplona, Spain; ³Department of Urology, Queen's University, Kingston, Ontario, Canada; ⁴James Buchanan Brady Urological Institute, Department of Pathology and Oncology, Johns Hopkins Hospital, Baltimore, MD, USA; ⁵Wayne State Medical Center, Thomas Jefferson University, Philadelphia, PA, USA; ⁶Department of Surgery, Division of Urology, Cancer for Integrative Research on Cancer and Urology, Toronto, Canada; ⁷Comprehensive Cancer Center, Cedars-Sinai Medical Center, Los Angeles, CA, USA; ⁸Department of Urology, Northwestern University Feinberg School of Medicine, Chicago, IL, USA; ⁹Department of Urology, Yale School of Medicine, New Haven, CT, USA; ¹⁰Department of Urology, Yale School of Medicine, New Haven, CT, USA

Figure 3. Cumulative incidence plot depicting clinical recurrence curves in 512 prostate cancer patients with adverse pathological features at RP



≥ 2 fatores de risco \rightarrow melhores candidatos a RDT adjuvante

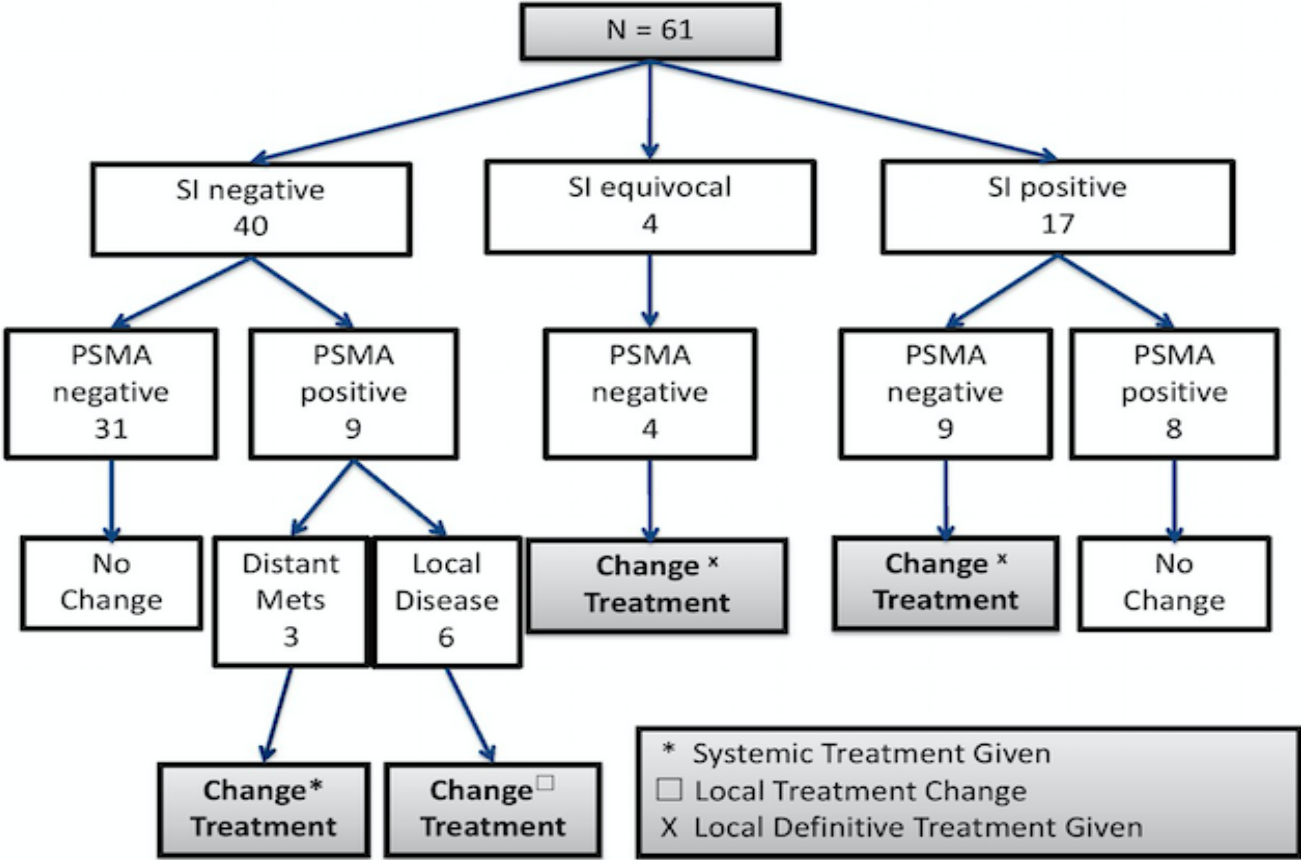
- pT3b/4, GS 8-10, LND+ ou Decipher $> 0,6$

0-1 fatores de risco \rightarrow apenas seguir

The CHAPPP study: Changing care with PSMA-PET for Prostate cancer — A retrospective study of the role of PSMA imaging in altering treatment pathways.

Andrew Schmidt¹, Jeffrey C. Goh¹, Manoj Bhatt², Paul Thomas², Aneta Suder¹;

¹ Department of Medical Oncology, ² Department of Nuclear Medicine, Royal Brisbane and Women's Hospital, Brisbane, Australia



Mudança de conduta → 36% dos casos



RDT vs Cirurgia ?





RDT vs Cirurgia ?



VS



- Resultado Oncológico
- Morbidade
- Resultado funcional

LITERATURA COM DADOS DE BAIXA QUALIDADE!



CG vs RDT

- **Cirurgia :**
 - Preservação da banda neurovascular ?
 - Linfadenectomia ?
 - Robótica ?
 - Cirurgião com treinamento adequado ?
- **Radioterapia**
 - Apenas Próstata ?
 - Pelve ?
 - Com hormônio ? (quanto tempo ?)
 - Tecnologia ?

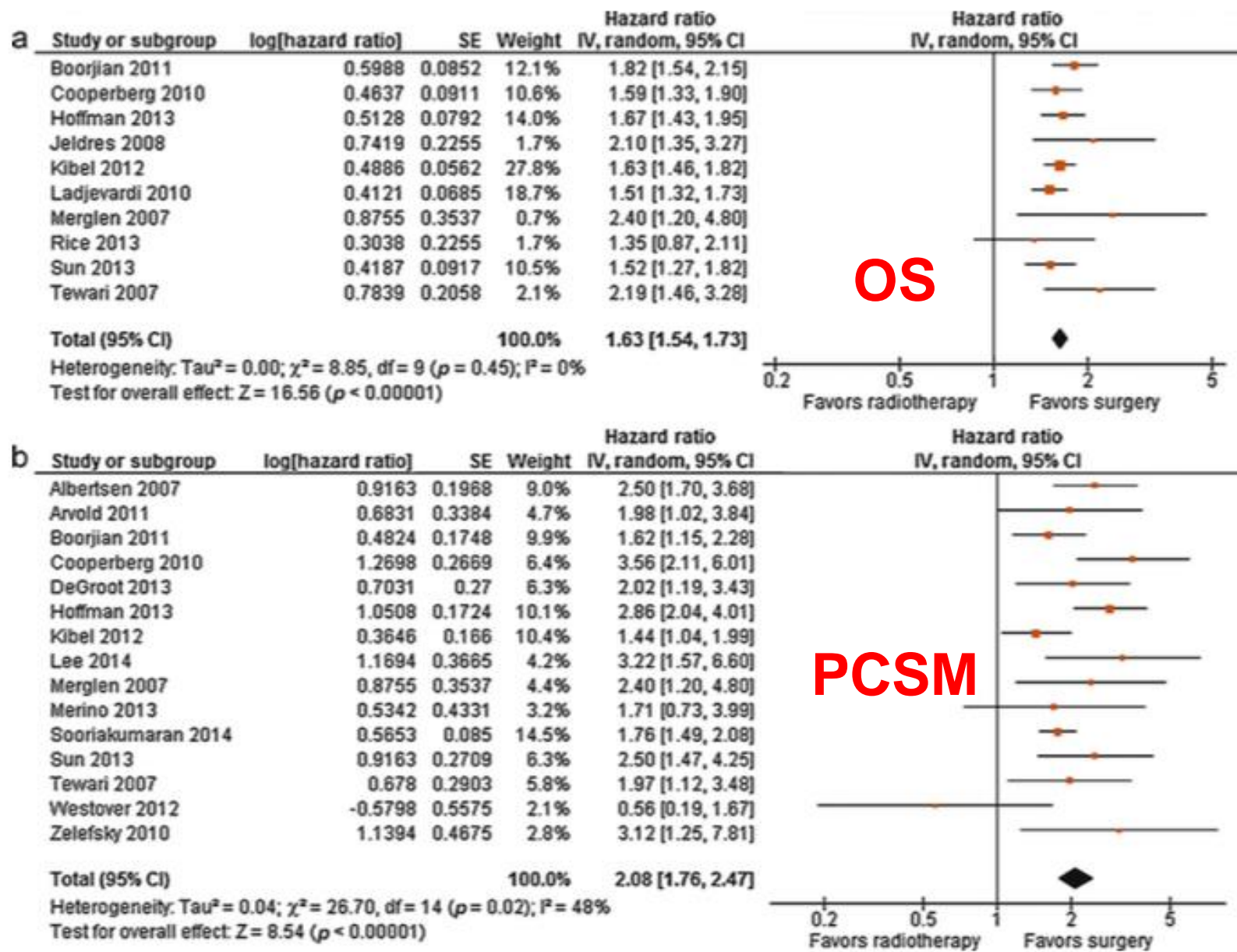


Fig. 2 – Forrest plot assessing the risk of (a) overall mortality and (b) prostate cancer-specific mortality following radiotherapy and surgery for prostate cancer.



Morbidade da prostatectomia

Morbidad
e

Robot-assisted laparoscopic prostatectomy versus open radical retropubic prostatectomy: early outcomes from a randomised controlled phase 3 study



John W Yaxley, Geoffrey D Coughlin, Suzanne K Chambers, Stefano Occhipinti, Hema Samaratunga, Leah Zajdlewicz, Nigel Duglison, Rob Carter, Scott Williams, Diane J Payton, Joanna Perry-Keene, Martin F Lavin, Robert A Gardiner

Robot-assisted radical retropubic prostatectomy: a randomised controlled trial

John W Yaxley, Geoffrey D C Williams, Scott Williams, Diane J Payne

	Total (n=308)	Radical retropubic prostatectomy (n=151)	Robot-assisted laparoscopic prostatectomy (n=157)	p value
Perioperative outcomes				
Operative duration				
Surgery, min	217.97 (47.63)	234.34 (37.07)	202.03 (51.36)	<0.0001
Recovery, min*	107.54 (111.64)	107.12 (146.63)	107.94 (61.18)	0.95
Operating room, min	263.00 (49.79)	280.37 (36.36)	246.08 (55.12)	<0.0001
Intraoperative adverse event	15 (5%)	12 (8%)	3 (2%)	0.02
Estimated total blood loss, mL	886.54 (645.62)	1338.14 (591.47)	443.74 (294.29)	<0.0001
Blood transfusions				
Non-autologous intraoperative	0	0	0	..
Non-autologous postoperative	7 (2%)	6 (4%)	1 (1%)	0.12
Admitted to intensive care unit				
Planned	6 (2%)	3 (1%)	3 (2%)	..
Unplanned	5 (2%)	5 (3%)	0	..
Readmission	20 (7%)	12 (8%)	8 (5%)	0.32
Indwelling catheter, days	8.31 (3.47)	8.42 (3.28)	8.21 (3.64)	0.59
Length of hospital stay, days	2.39 (2.30)	3.27 (1.49)	1.55 (2.61)	<0.0001
Postoperative complications†				
Grade I	10, 10 (3%)	6, 6 (4%)	4, 4 (3%)	..
Grade II	5, 6 (2%)	3, 4 (2%)	2, 2 (1%)	..
Grade IIIa	3, 3 (1%)	2, 2 (1%)	1, 1 (1%)	..
Grade IIIb	3, 3 (1%)	3, 3 (2%)	0, 0	..
Grade IVa	2, 2 (<1%)	2, 2 (<1%)	0, 0	..



4

X
3

4
X

2

X
2

3
X

Linfadenectomia no CaP

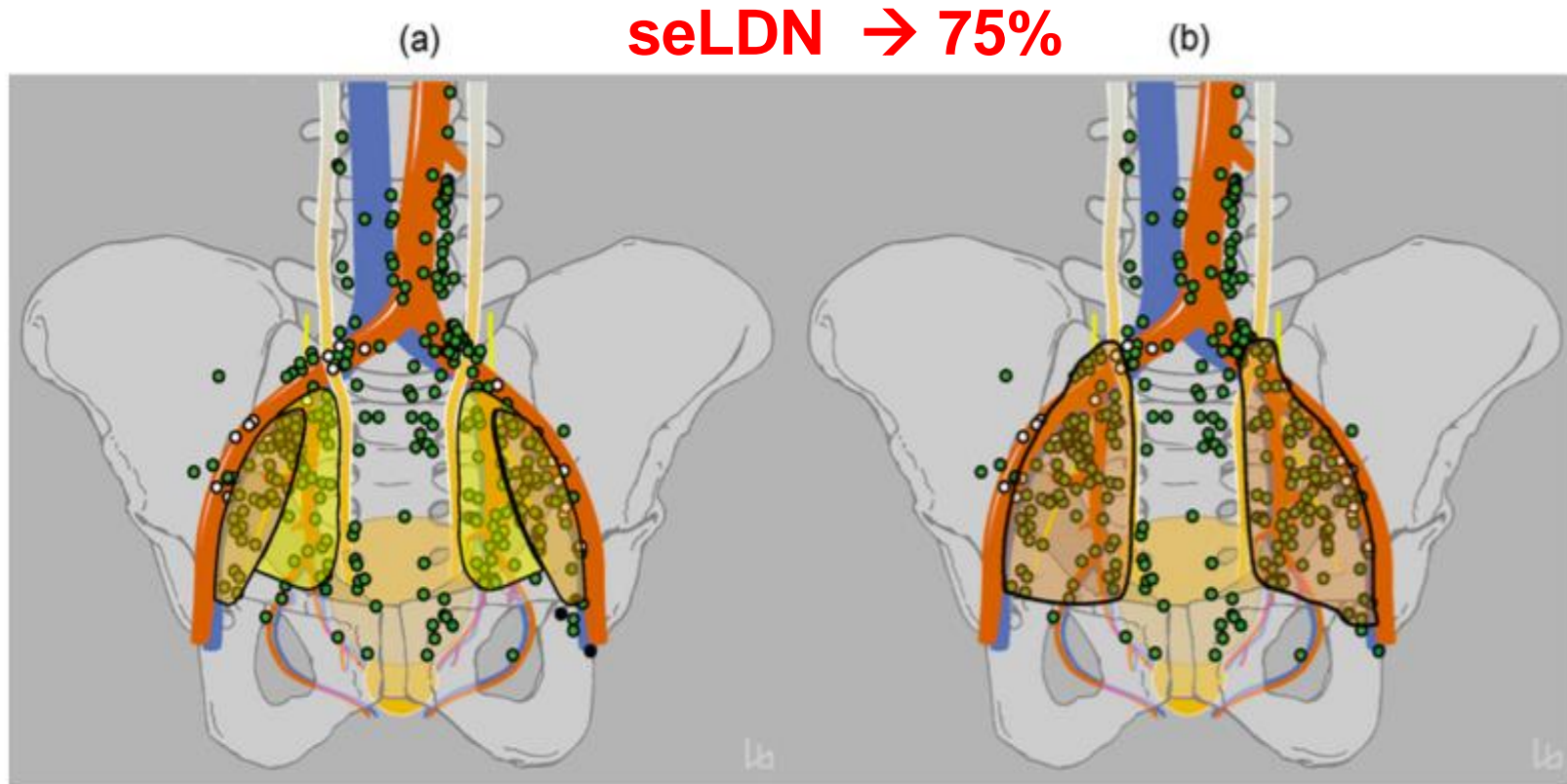


Fig. 4 – Anatomical extent of classical extended pelvic lymphadenectomy (PLND) (a) and of a proposed (new) extended PLND (b) for prostate cancer. (a) Area of classical extended template PLND for prostate cancer encompassing the nodes along the major pelvic vessels including the internal iliac, external iliac and obturator regions to the iliac bifurcation (yellow and orange areas). (b) Area of the proposed (new) extended template PLND extending along the common iliac vessels to the ureteric crossing (pale red area).

MORBIDADE

EUROPEAN UROLOGY 50 (2006) 1006-1013

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www.europeanurology.com



Prostate Cancer

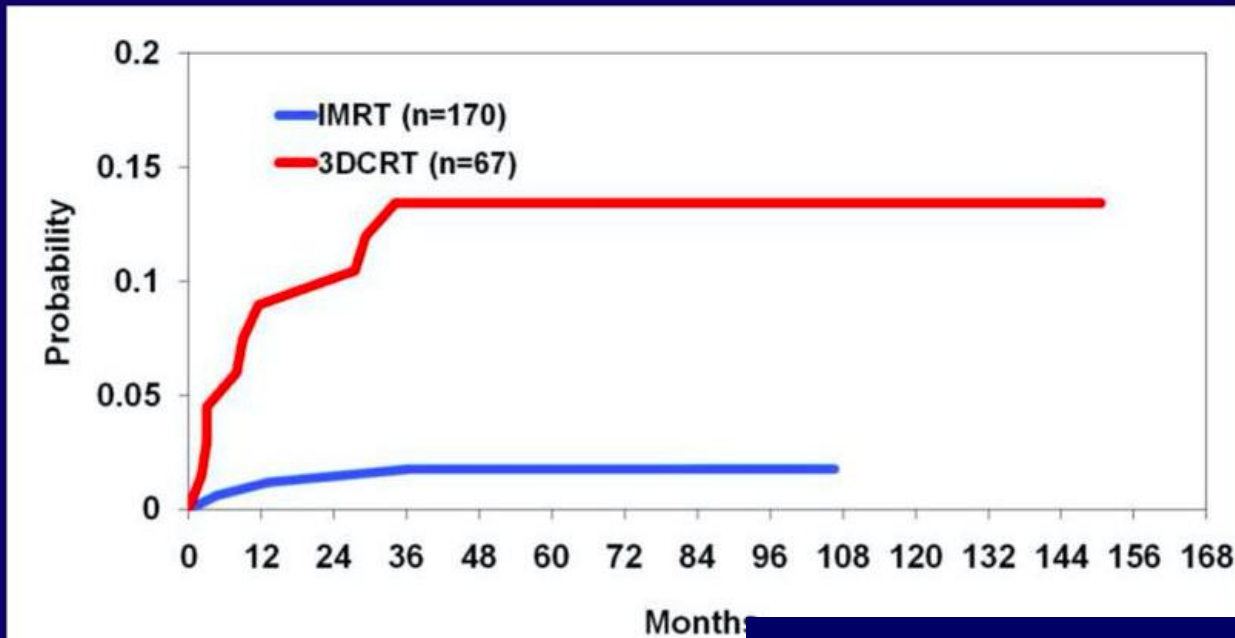
Complications and Other Surgical Outcomes Associated with Extended Pelvic Lymphadenectomy in Men with Localized Prostate Cancer

Variables	All patients (no. [%])	Patients subjected to ePLND (no. [%])	Patients subjected to lPLND (no. [%])	p value
Overall complications	168 (17.4)	152 (19.8)	16 (8.2)	<0.001
Lymphocele	88 (9.1)	79 (10.3)	9 (4.6)	0.01
Deep venous thrombosis	7 (0.7)	6 (0.8)	1 (0.5)	0.6
Pelvic haematoma	6 (0.6)	5 (0.7)	1 (0.5)	0.6
Fever	17 (1.7)	16 (2.1)	1 (0.5)	0.2
Acute urinary retention	4 (0.4)	4 (0.5)	0	0.05
Urinary anastomotic leakage	26 (2.7)	24 (3.1)	2 (1)	0.07
Surgical reintervention for pelvic haematoma	4 (0.4)	3 (0.4)	1 (0.5)	0.8
Ultrasound-guided percutaneous drainage	5 (0.5)	4 (0.5)	1 (0.5)	1.0
Pulmonary embolism	1 (0.1)	1 (0.1)	0	0.6
Ureteral injury	0	0	0	NA
Others	15 (1.5)	13 (1.7)	2 (1)	0.7

ePLND: extended pelvic lymph node dissection; lPLND: limited pelvic lymph node dissection; NA: not available.

Improved Targeting of Radiotherapy with IMRT

(Zelefsky et al J Urol 2006)



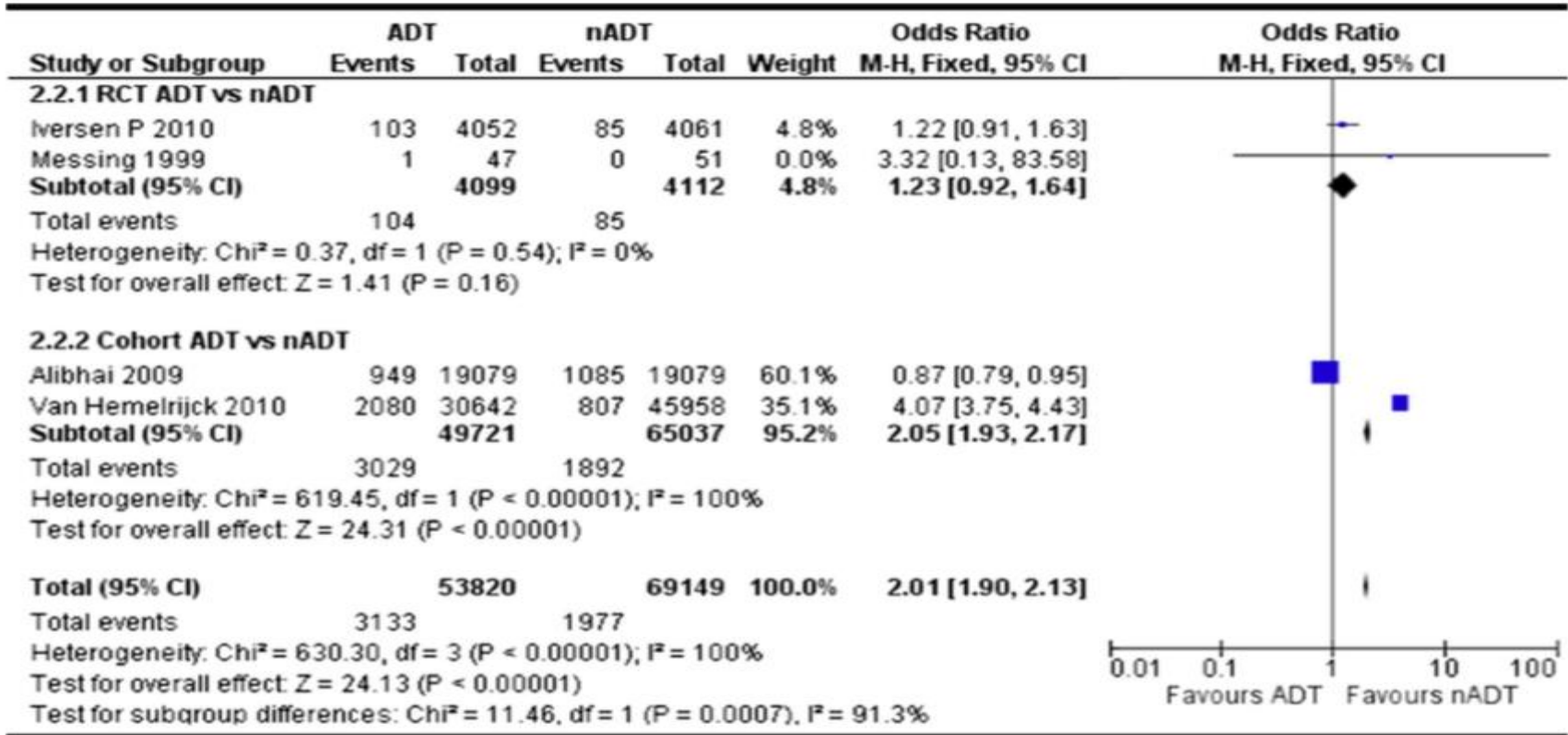
- Gastrointestinal
 - Grade 2 proctitis 3-4%
 - Grade 3 ulceration 1%
- Genitourinary
 - Grade 2 urethritis/urgency: 15-20%
 - Grade 3: 2-3%
- Sexual Dysfunction
 - Permanent loss of erections: 30-40%
 - Ejaculatory Dysfunction- nearly all patients

Slides: Dr. Ícaro



Cardiovascular events associated with androgen deprivation therapy in patients with prostate cancer: a systematic review and meta-analysis

Arie Carneiro · Andre Deeke Sasse · Andrew Aurel Wagner · Guilherme Peixoto · André Kataguiri · Ary Serpa Neto · Bianca Alves Vieira Bianco · Peter Chang · Antônio Carlos Lima Pompeo · Marcos Tobias-Machado



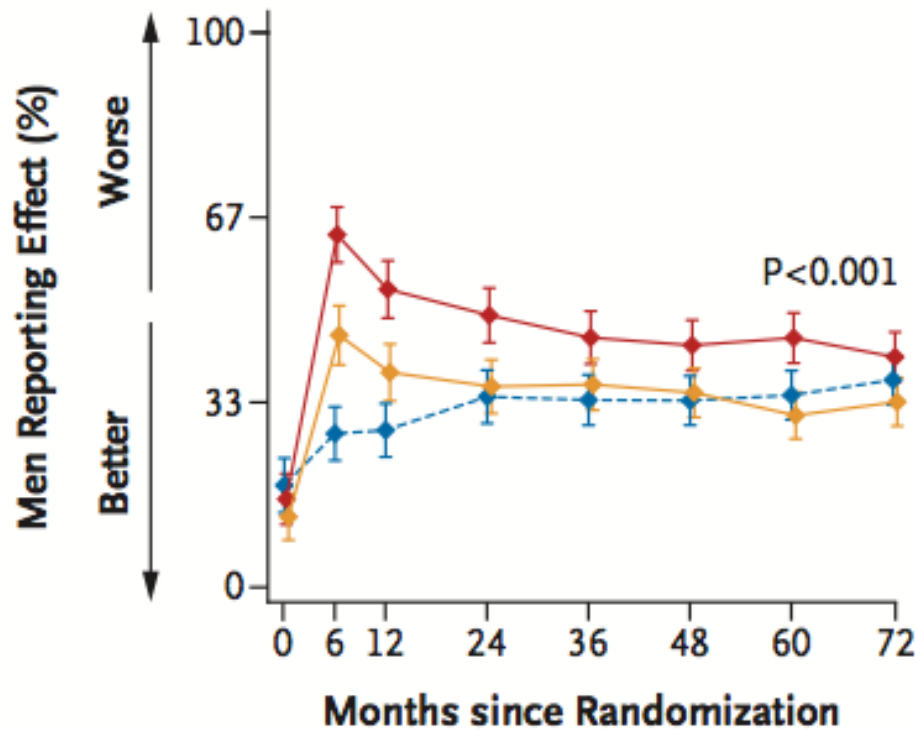
ADT: Androgen Deprivation Therapy, nADT: Non Androgen Deprivation Therapy, RCT: Randomized Clinical Trials

Fig. 3 Acute myocardial infarct associated with ADT

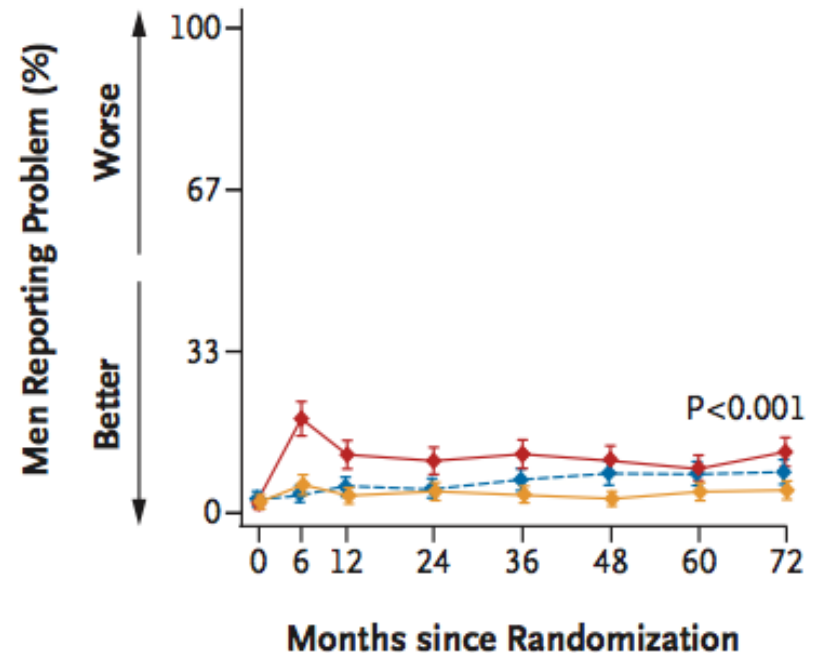
Patient-Reported Outcomes after Monitoring, Surgery, or Radiotherapy for Prostate Cancer

J.L. Donovan, F.C. Hamdy, J.A. Lane, M. Mason, C. Metcalfe, E. Walsh, J.M. Blazeby, T.J. Peters, P. Holding, S. Bonnington, T. Lennon, L. Bradshaw, D. Cooper, P. Herbert, J. Howson, A. Jones, N. Lyons, E. Salter, P. Thompson, S. Tidball, J. Blaikie, C. Gray, P. Bollina, J. Catto, A. Doble, A. Doherty, D. Gillatt, R. Kockelbergh, H. Kynaston, A. Paul, P. Powell, S. Prescott, D.J. Rosario, E. Rowe, M. Davis, E.L. Turner, R.M. Martin, and D.E. Neal, for the ProtecT Study Group*

EPIC Sexual Quality of Life

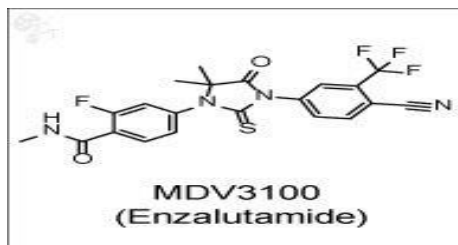
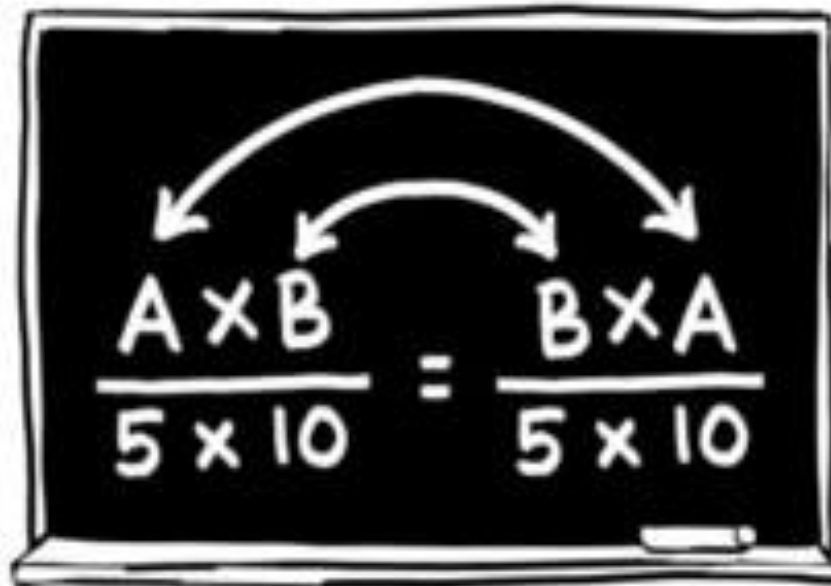
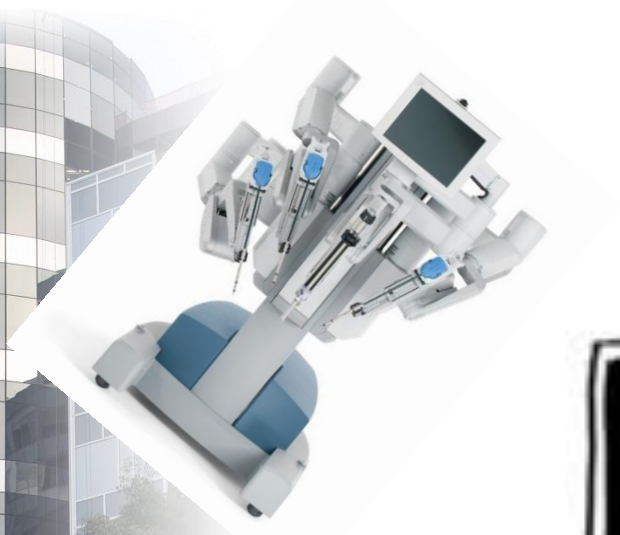


ICIQ Incontinence Problem



Câncer de Próstata Localmente Avançado

MULTIMODAL

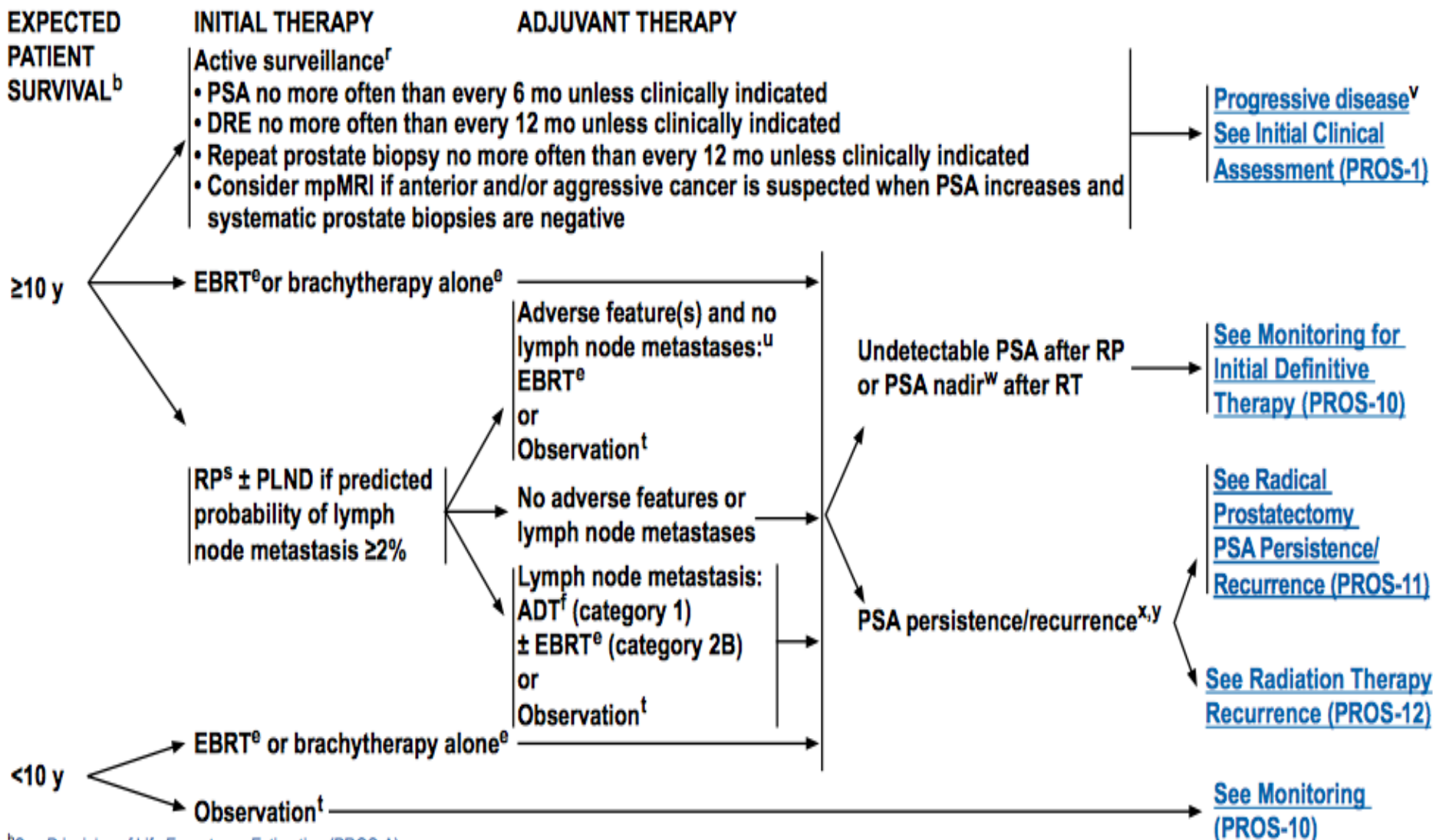


Câncer de Próstata Localmente Avançado



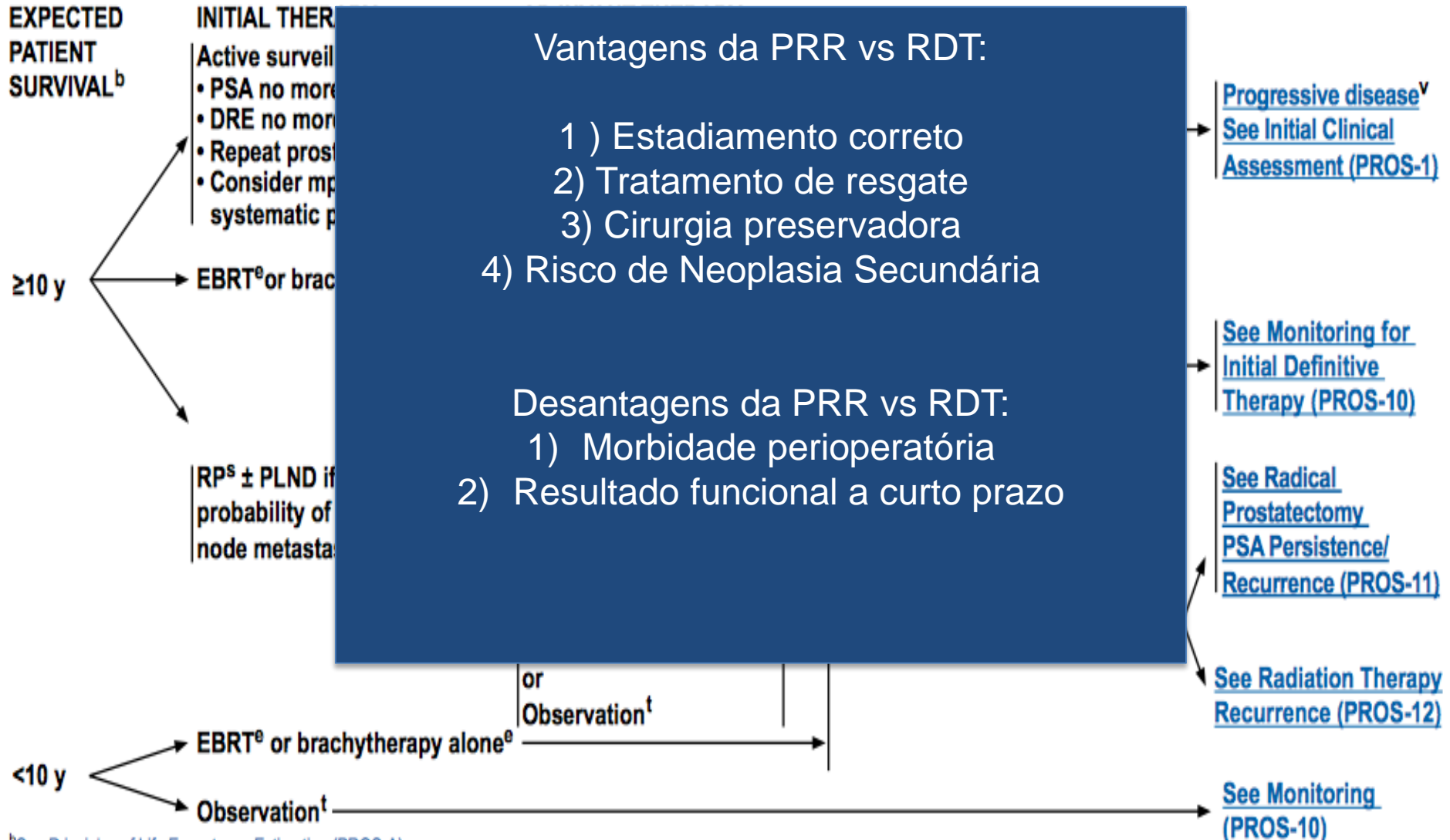
**PR → RDT → Tratamento
Sistêmico**

FAVORABLE INTERMEDIATE RISK GROUP



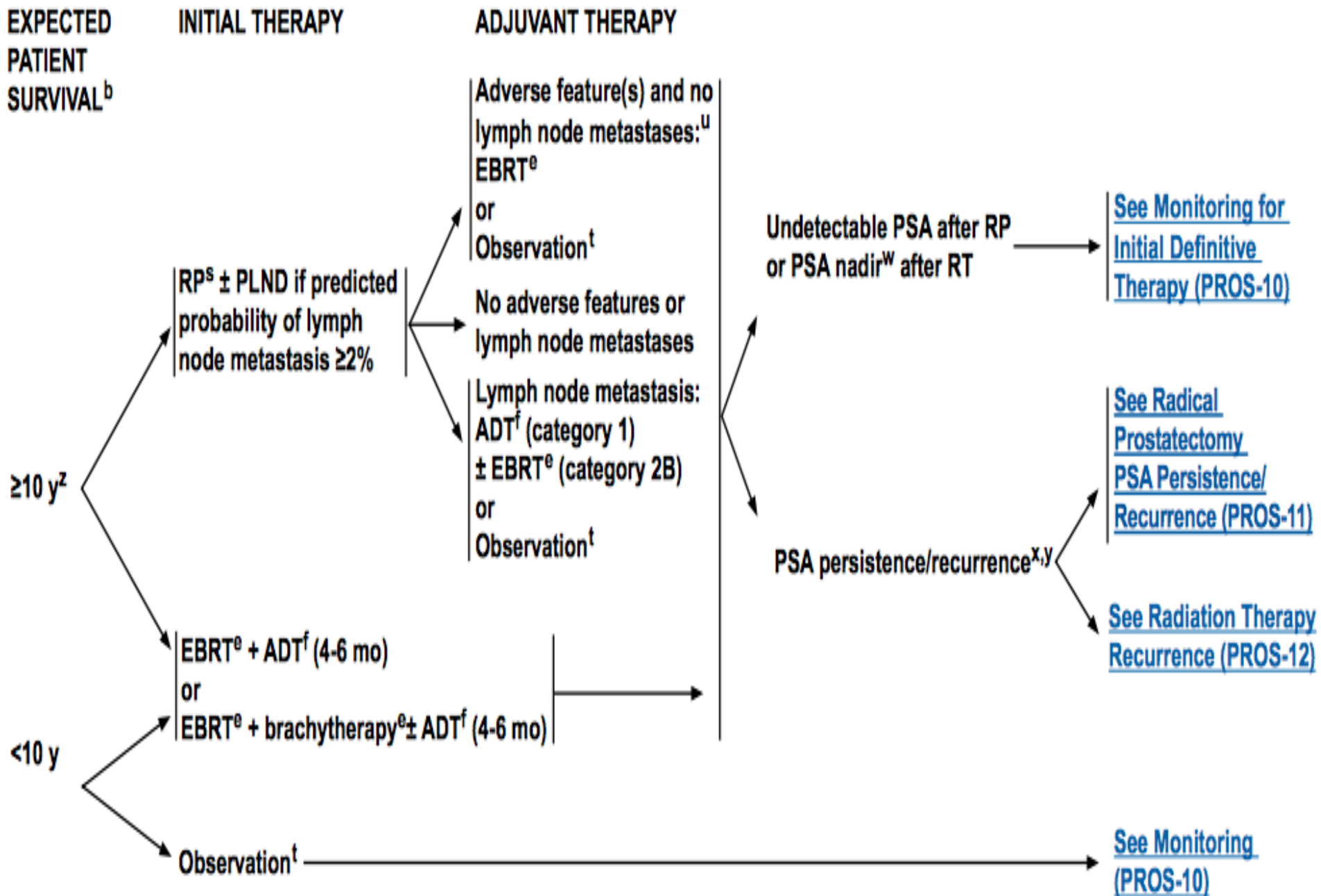
^bSee Principles of Life Expectancy Estimation (PROS-A)

FAVORABLE INTERMEDIATE RISK GROUP



^bSee Principles of Life Expectancy Estimation (PROS-1)

UNFAVORABLE INTERMEDIATE RISK GROUP



UNFAVORABLE INTERMEDIATE RISK GROUP

EXPECTED
PATIENT
SURVIVAL^b

INITIAL THERAPY

ADJUVANT THERAPY

Adverse feature(s) and no

Vantagens da PRR vs RDT:

- 1) Estadiamento correto
- 2) Tratamento de resgate
- 3) Evitar tratamento hormonal

Desvantagens da PRR vs RDT:

- 1) Morbidade perioperatória
- 2) Resultado funcional a curto prazo (?)

[See Monitoring for Initial Definitive Therapy \(PROS-10\)](#)

[See Radical Prostatectomy PSA Persistence/Recurrence \(PROS-11\)](#)

[See Radiation Therapy Recurrence \(PROS-12\)](#)

[See Monitoring \(PROS-10\)](#)

≥10 y²

RP^s ± PLND if probability of lymph node metastasis

<10 y

EBRT^e + ADT^f
or
EBRT^e + brachytherapy^e ± ADT^f (4-6 mo)

Observation^t

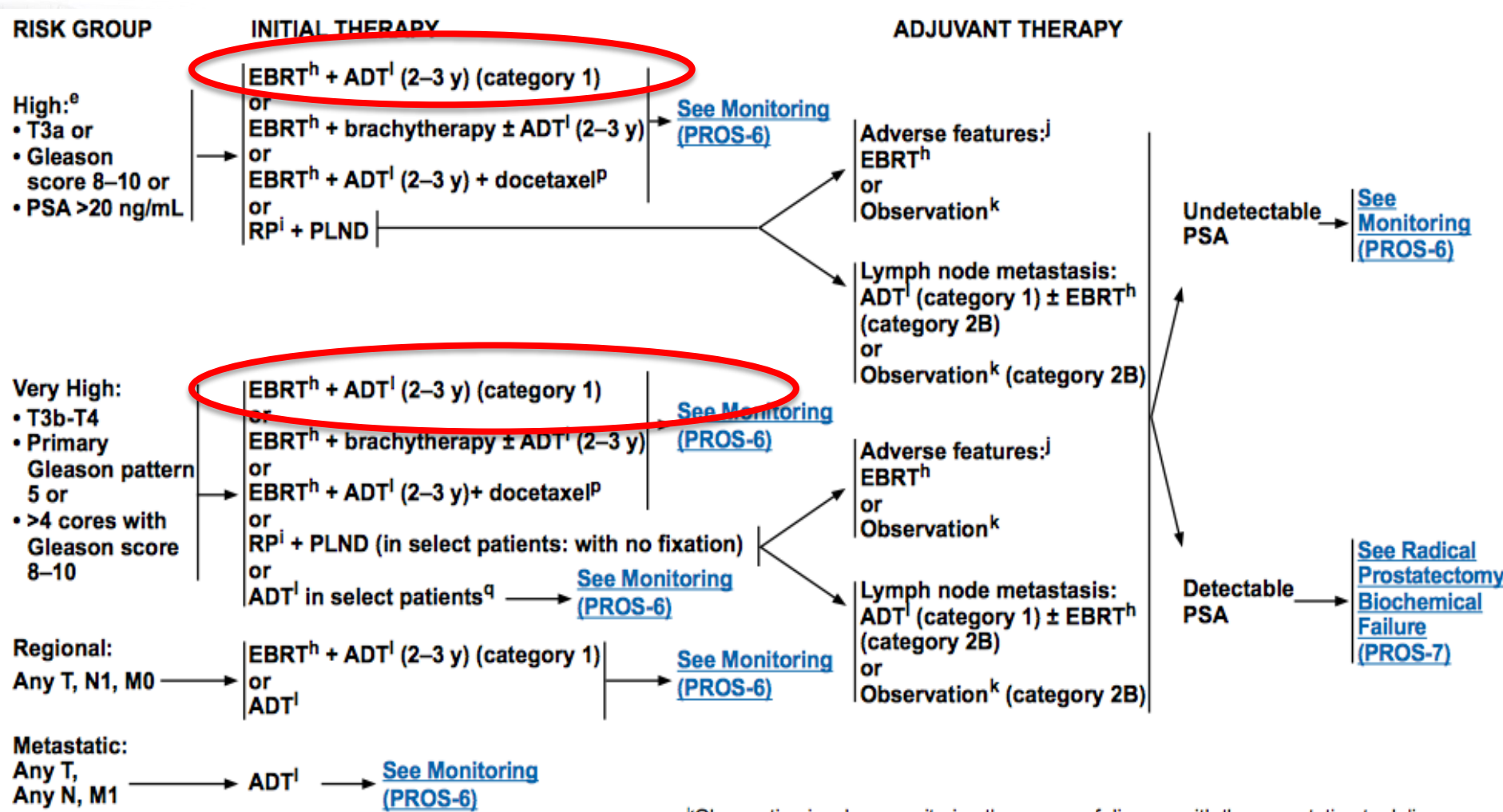
Câncer de Próstata Localmente Avançado

Oncológico

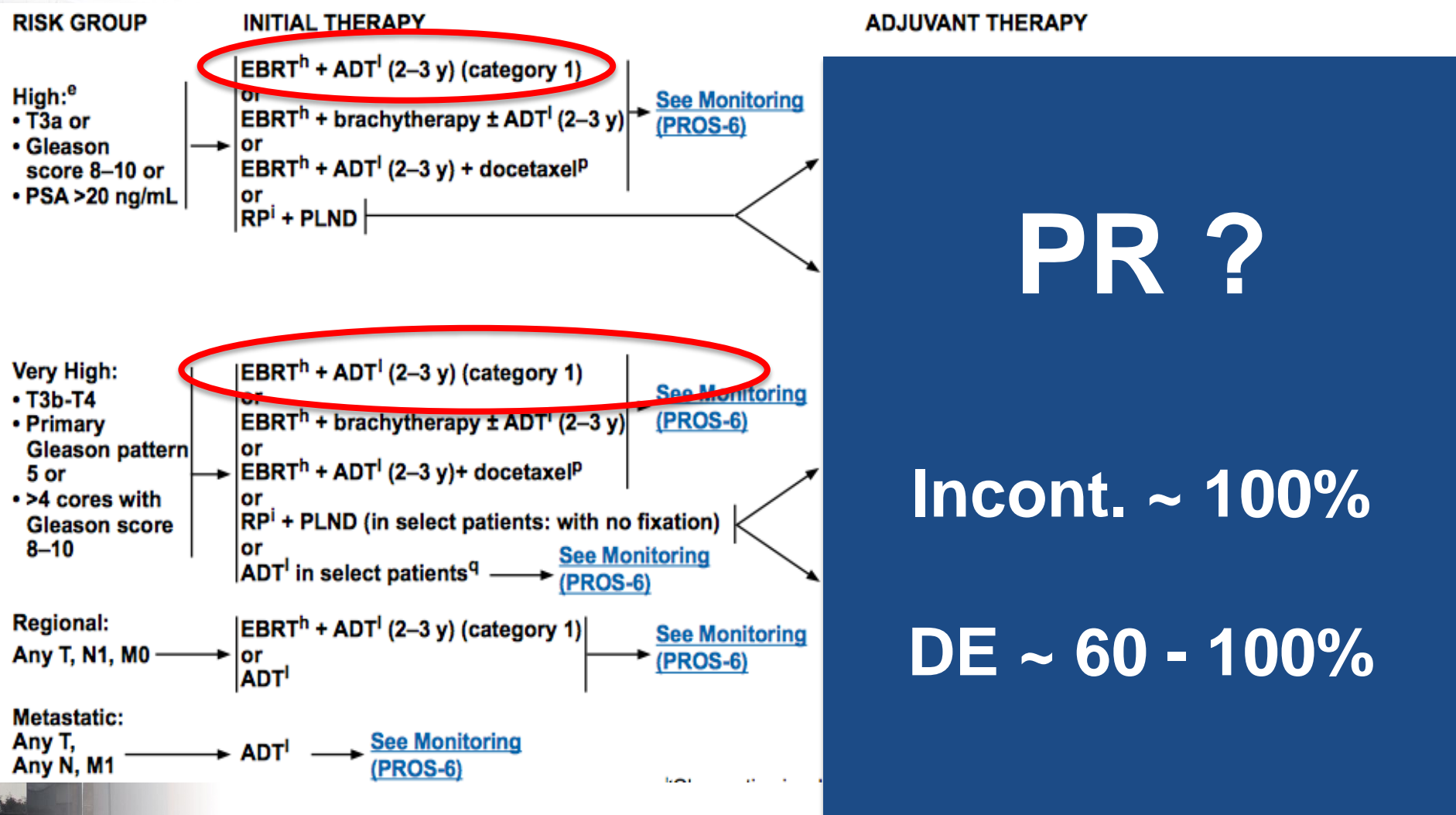
↑ Risco de Falha e Necessidade de mais de 1 tratamento

- Tto Curativo → CSS 28,8% - 35% (10 – 15 anos)
- GS 8-10 → 26-31% Doença Localizada!
 - CSS = 96%, 88% e 66% (5, 10 e 15 anos)

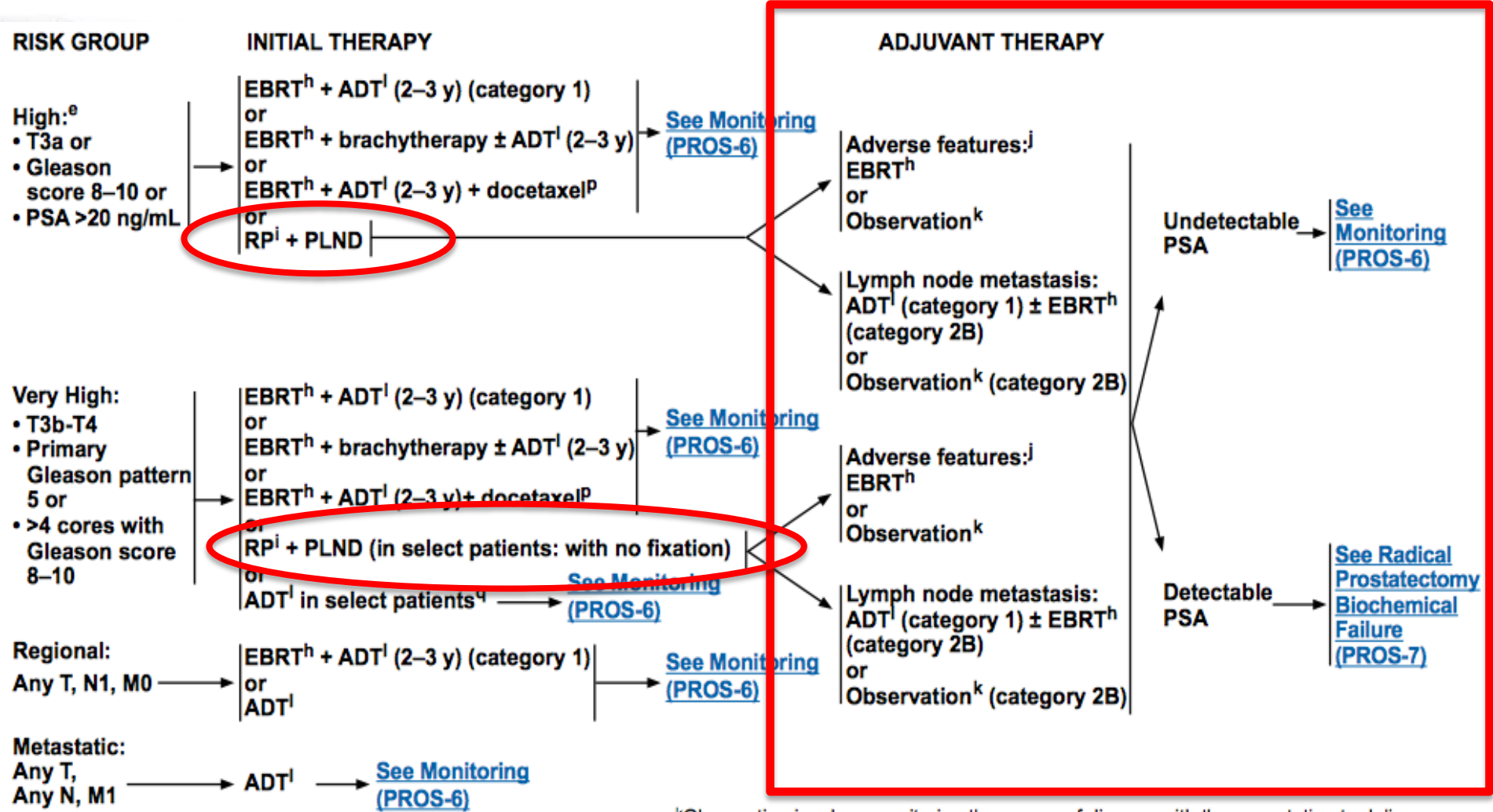
Câncer de Próstata Localmente Avançado



Câncer de Próstata Localmente Avançado



Câncer de Próstata Localmente Avançado



Vigilância Ativa

TORONTO

Toronto – Klotz et al. 2010 – JCO

HOPKINS

Hopkins– Tosoian et al. 2011– JCO

	< 70 a	> 70a
Gleason	6	≤7(3+4)*
# frag +	NC	NC
% frag comp	NC	NC
PSA	≤ 10	≤ 15
PSAd	< 0,15	< 0,15
Estadio	T1c - T2a	T1c - T2a

*após 2000 apenas pctes com comorbidades e EV<10 anos

Gleason	6
# frag +	<3
% frag comp	< 50%
PSA	<10*
PSAd	NC
Estadio	T1c - T2a

RES. ONCOL.

	Seg	OS	CSS	Progressão	META	Morte por CaP
Klotz - J Urol 2002	4	100%	100%	17,10%	0	0
Klotz - JCO 2010	5	SD	99.7%	24,60%	5 (1%)&	5 (1%)&
Klotz - JCO 2010	10	68%	97.2%			
Klotz - JCO 2015	10	80%	98%	21.7%	28 (2,8%)↑	15 (1,5%)
Klotz - JCO 2015	15	62%	94%			
Toison - JCO 2011	5	100%	100%	35%	0	0
Toison - JCO 2015	10	93%	99,90%	49,00%	5 (<1%) #	2*
Toison - JCO			99,90%			



ORIGINAL ARTICLE

Standardization of definitions in focal therapy of prostate cancer: report from a Delphi consensus project

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Conclusion

Focal therapy is a rapidly evolving field of prostate cancer treatments that intends to prevent or delay whole-gland treatment associated morbidity without compromising oncologic safety for a large group of patients. For the development and implementation of these treatments, it is important to have standardized reporting criteria. The current consensus project provides recommendations for standardized definitions endorsed by a wide group of experts in the field.



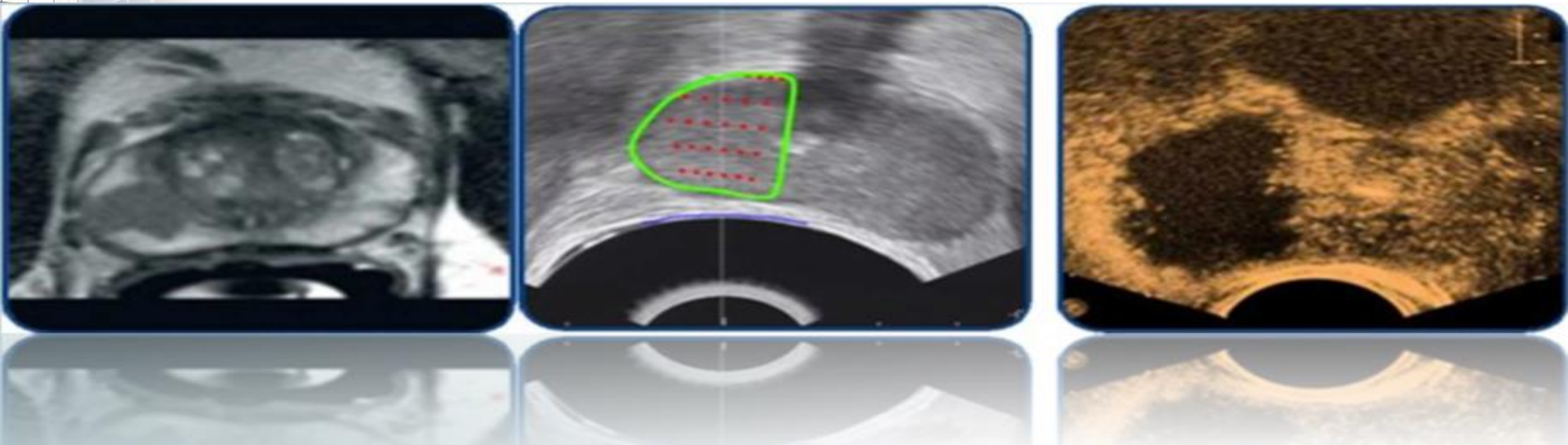
Tratamento Focal

World J Urol (2016) 34:1373–1382
DOI 10.1007/s00345-016-1782-x



ORIGINAL ARTICLE

Standardization of definitions in focal therapy of prostate cancer:



Focal therapy is a rapidly evolving field of prostate cancer treatments that intends to prevent or delay whole-gland treatment associated morbidity without compromising oncologic safety for a large group of patients. For the development and implementation of these treatments, it is important to have standardized reporting criteria. The current consensus project provides recommendations for standardized definitions endorsed by a wide group of experts in the field.

Indicações

- Baixo risco ou intermediário → Doença Localizada
- 7 (3+4) → lesão única, expectativa de vida > 10 anos, pequeno volume (< 3ml ou < 5ml em casos selecionados)

Única lesão Gleason 7 (3+4), localização favorável, pequeno volume → “sweet spot” para tto focal

RTUp deve ser considerada para ptt > 40-50 gramas

Tratamento de Câncer de Próstata a la carte



CaP Localizado, ISUP 2, Exp. Vida > 10 anos, PSA < 15, MRI < cT2b,

SIM

Radiologia / Biópsia Confiáveis?
(#frag/tamanho?, patologista?, fusão, fragmento alvo?)

NÃO

Repetir
REMA/BX

< 3 Focos e
< 5mm/frag?

- 1) TR
- 2) TF*
- 3) VA*

< 3 Focos e
5-15 mm/frag?

- 1) TR
- 2) TF*

> 2 Focos ou
> 15 mm/frag?

- 1) TR

PSA < 10

- 1) TR

PSA > 10

- 1) TR

REMA = Nódulo visível
+ Bx coincidente
+ PSA < 10 ?

SIM

NÃO

VA: Vigilância Ativa
TR: Tratamento Radical
- Radioterapia
- Cirurgia
TF: Tratamento Focal
- Braquiterapia
- Crioterapia
- HIFU
*casos muito selecionados

CaP Localizado, ISUP 3, Exp. Vida > 10 anos , PSA < 20, MRI < cT2b,

SIM

Radiologia / Biópsia Confiáveis?
(#frag/tamanho ?, patologista?, fusão, fragmento alvo?)

NÃO

Repetir
REMA/BX

Charlson > 2 ?
Candidato a cirurgia?

SIM

1) PRR + LDN
2) RDT Próstata (+/- pelve) +- HT

NÃO

1) RDT Próstata (+/- pelve) +- HT
2) Observar *

RDT pelve se risco de LND +> 5% (nomograma do MSKH), * Casos muito selecionados

CaP Localizado, ISUP 4-5, Exp. Vida 5 anos , PSA < 50, MRI < cT4,

SIM

NÃO

Radiologia / Biópsia Confiáveis?
(#frag/tamanho ?, patologista?, fusão, fragmento alvo?)

Repetir
REMA/BX

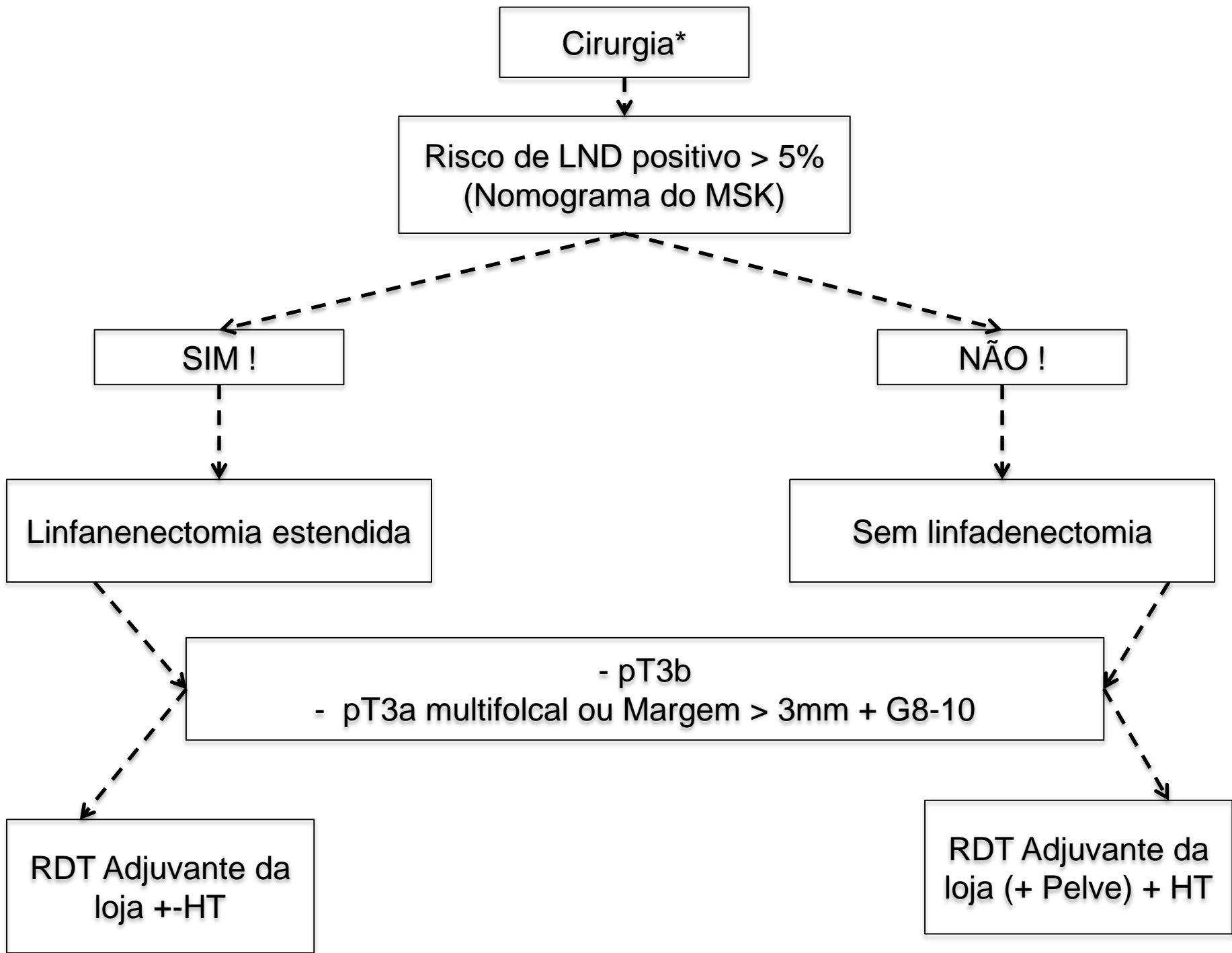
- SIM
- 1) PRR + LDN
 - 2) RDT Próstata (+pelve) + HT

Charlson > 2 ?
Candidato a cirurgia?

NÃO

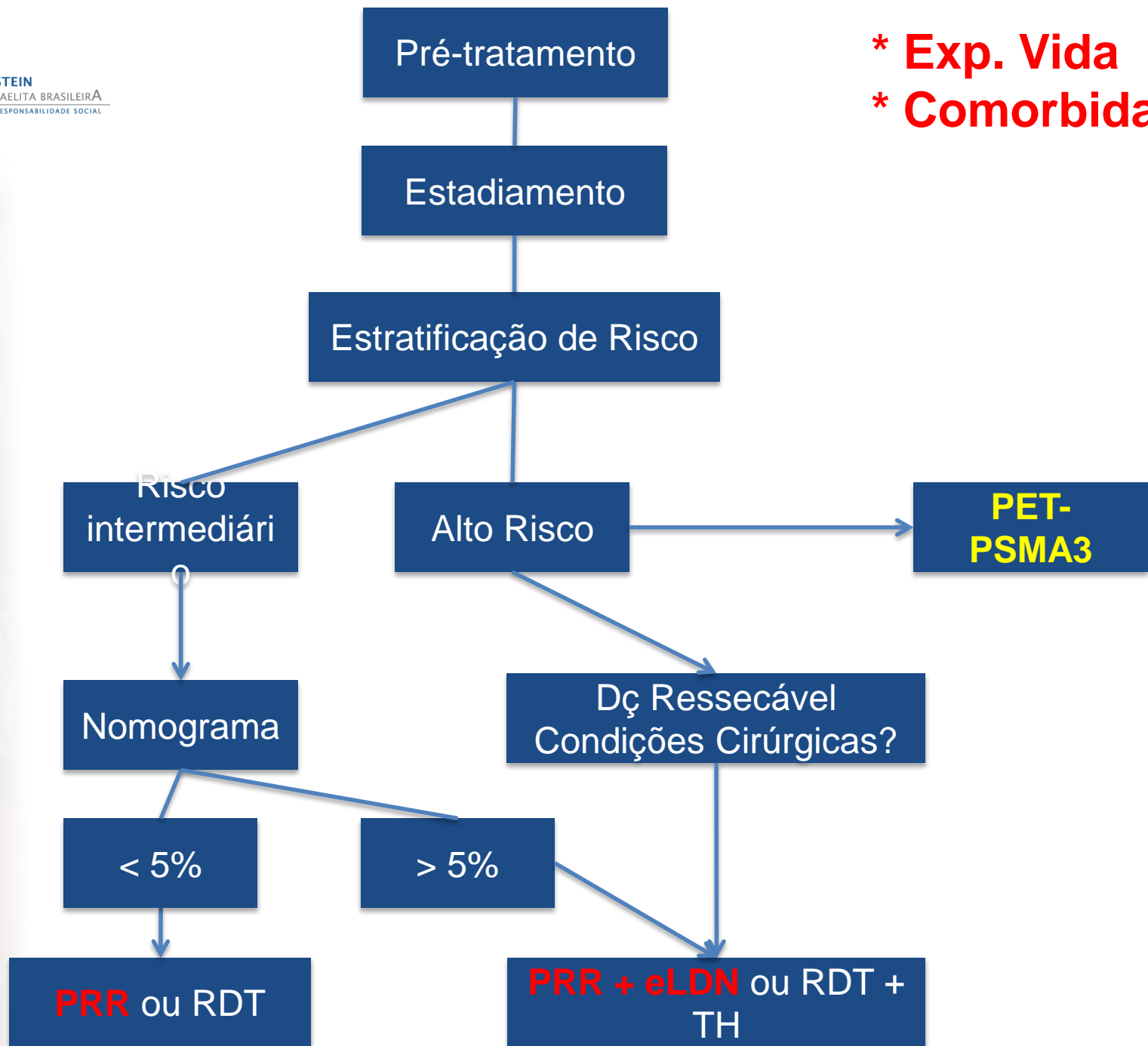
- 1) RDT Próstata (+ pelve) + HT
- 2) Observar *

RDT pelve se risco de LND +> 5% (nomograma do MSKH), * Casos muito selecionados





* **Exp. Vida**
* **Comorbidades**



- Estadiamento PRECISO
 - PET-PSMA
 - Marcadores



- RDT → ASSOCIADA A HT = DE e eventos CDV!
- “Qualidade” da PR
- “Qualidade” da RDT
- **SEQUÊNCIA IDEAL = PR → RDT**

**ABORDAGEM INDIVIDUALIZADA E
MULTIDISCIPLINAR É O SEGREDO DO SUCESSO!**

